

Adult Faith Formation

CATECHETICAL GUIDELINES FOR ADULT FAITH FORMATION AS EXPRESSED IN THE *NATIONAL CATECHETICAL DIRECTORY*

1. Adult catechesis should correspond to the need of those being catechized, basic to the formation of an intelligent and active Catholic Christian.
2. Continued exposure to Scripture, tradition, liturgy, the teaching authority and life of the church is basic to catechesis.
3. Knowledge of church history is important for placing events in proper perspective.
4. Special attention should be given to spiritual life and prayer.
5. New insights from human sciences into personality and behavior should be examined for the light they may shed upon ways of better realizing one's spiritual potential.
6. Adult catechesis seeks to present the church in all its dimensions, including its missionary aspect, its role as sign or sacrament of Christ's presence in the world, its mandate to communicate the whole truth of Christ to all persons in all times.
7. Adult catechesis continues education in morality according to the teaching of the Church.
8. Parents and guardians need additional instruction for their responsibilities.
9. Adult catechesis gives special attention to the Church's mission to promote justice and peace, which includes the liberation of those whose religious and civil rights are being violated.
10. Adult methodology respects and makes use of past experience, cultural, racial, and ethnic heritages, personal skills, and other resources which adults bring to catechetical programs.
11. Adult catechesis should strive not only to impart instruction to adults but also to enable them better to assume responsibility for the building of community and for Christian service in the world.