

## **DIOCESE OF MARQUETTE**

### **LITURGICAL POLICY**

#### **VI. POSTURE OF THE ASSEMBLY AFTER HOLY COMMUNION**

The General Instructions of the Roman Missal does not specify the posture of the people after they receive Holy Communion until the beginning of the Prayer After Communion. This has led to many different postures adopted by the lay faithful throughout the Diocese of Marquette.

In order to better express the Body of Christ evidenced through the unification of posture within the lay faithful, please kneel when you return to your pew after receiving Holy Communion. If you are unable to kneel, please be seated. Everyone should be seated after the Sacred Body of Christ is placed in the tabernacle if located within the sanctuary or when the minister leaves the sanctuary with the Blessed Sacrament on the way to the tabernacle. Stand as the presider says "Let us Pray" before the Prayer After Communion.

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